# MENSTRUAL CARE PRODUCTS

## DITCH DISPOSABLES



### **CHEMICALS**

Harsh chemicals used in pads/tampons may lead to rashes, endocrine disruption, infertility, cervical cancer.



### **BLOCK DRAINS**

Super-absorbant gels in the pad absorbs drain water when flushed, swells and blocks drains



### **RELEASE DIOXINS**

Open burning, microincineration of pad release toxic dioxins into the air which can lead to asthma, Alzheimer's, cancer







### **CHOOSE RE-USABLES**



### SAFE FOR THE BODY

Cloth pads are
hypoallergenic. Menstrual
cups are made from
medical grade silicone that
is safe and inert material



### **RE-USABLE**

Cloth pads last 3-4 years, menstrual cup lasts 10 years. No trash



### **SAVES MONEY**

No monthly expenditure on disposable pads



### **COMFORTABLE**

Cloth pads feel natural and soft. Menstrual cups are so comfortable, women can swim, travel, run during periods.







